|  |  |  |
| --- | --- | --- |
|  | 9-30Am To 12-00Pm(Santhi Bhavan) | 2-00Pm To 3-30Pm(Jeeva Vihar) |
| Day 1 | Introduction to Santhi Bhavan |  Trainees Self-Introduction to Jeeva Vihar inmates (Rapport Building) |
| Day 2 | Rehabilitation Psychology-An Overview | Know about Jeeva Vihar Psycho-social rehabilitation Centre and Its activities. |
| Day 3 | Introduction to Case study  | Group Activities |
| Day 4 | Case study format  | Case study  |
| Day 5 | MSE format introduction | Case Study  |
| Day 6 | MSE format Continue | MSE Taking  |
| Day 7 | Counseling Skills | Counseling Skills Application to Patients |
| Day 8 | Major Mental Disorders-Psychosis | Case study and MSE  |
| Day 9 | Field Visit |  Visit Home of selective Patients |
| Day 10 | Minor Mental Disorders-Neurosis | Case study and MSE  |
| Day 11 | Presentation –Selective Topic of Psychiatry by Trainees | Case study and MSE  |
| Day 12 | De-addiction Counseling | Case study and MSE  |
| Day 13 | Presentation –Selective Topic of Psychiatry by trainees | Case study and MSE  |
| Day 14 | Child Psychiatry | Individual counseling |
| Day 15 | Presentation –Selective Topic of Psychiatry By Trainees | Case Study |
| Day 16 | Different therapies in Jeeva Vihar | Play Therapy |
| Day 17 | Presentation –Selective Topic of Psychiatry by trainees | Art Therapy |
| Day 18 | Communication and Practice-Topic Presentations  | Awareness class to patients by trainees |
| Day 19 | Support system Development-Seminar | Awareness class to patients by trainees |
| Day 20 | Field Visit | * Mental Health Centers
 |
| Day 21 | Research SubmissionEvaluation and Feedback,  |  |

Time Table

|  |  |
| --- | --- |
| Time | Activities |
| 09.30 Am | Reporting |
| 09.30 Am TO 10.00Am | Evaluation, Daily Report Presentation |
| 10.00 Am To 11.00Am | Academic Orientation/Field Visit/Home Visit |
| 11.00Am To 11.15Am | Introduction of Rehabilitation Activity |
| 11.30Am To 01.00Pm | With Patients |
| 01.00 Pm To 02.00Pm | Lunch Break |
| 02.00Pm To 03.30Pm | Therapeutic Activities /Rehabilitation Process/Case study/Awareness classes |